

Healing Begins Here

IF YOU OR SOMEONE YOU KNOW HAS EXPERIENCED SEXUAL VIOLENCE, WE CAN HELP.

We help adults and children who have experienced sexual violence reclaim their power and heal.

All services are provided at no cost; no survivor is ever turned away. We welcome diversity in gender, role, ethnicity and culture, sexuality, economic background and more.

The First Step

If you are in danger, call 911.

If you are in a safe place, call or text our confidential 24/7 call and text helpline.

An advocate, someone with special training to help survivors of sexual violence, will listen to you, help you explore your options, and plan for next steps.



Sexual Violence (SV) is an act of power and control that involves unwanted or non-consensual behavior that is sexual in nature, or targets someone's gender identity, gender expression or sexual orientation. It can include, but is not limited to, sexual assault, rape, sexual harassment, stalking, groping, indecent exposure, or unwanted exposure to sexual content.

866-685-1122



Next Steps

The choice is YOURS!

If you have been sexually assaulted, you may choose to activate a Sexual Assault Response Team (SART). The team of professionals and volunteers are trained to provide compassionate emotional support to sexual assault victims while using state-of-the-art evidence collection tools and techniques to prosecute offenders. Each SART includes a forensic nurse examiner, Confidential Sexual Violence Advocates (CSVAs), a law enforcement officer and an assistant prosecutor.

Survivors may choose to engage one, all, or none of these members. A CSVA can provide you with more information about your rights and options so you can make an informed decision, as well as help you explore community resources and supports. **We will always support your choices.**

Individual and group counseling to help adult and child survivors heal from their experiences with sexual violence. Counseling services are also available for family members, friends, and others who may have been indirectly impacted by sexual violence.

[Sexual Assault Response Team](#)

[Counseling](#)

Recovery

The experience of sexual violence can be isolating and scary. Our hope is to support all survivors – adults and children – in finding safety, hope, and healing. You are not alone, please take **The First Step** and reach out to our confidential 24/7 talk and text helpline for help.

CONFIDENTIAL
24/7 Call and Text Helpline
866-685-1122

