



A Pathway to Safety & Healing



Supporting Survivors of Domestic and Sexual Violence

Services
and
Prevention

24/7 Confidential Call/Text Helpline
866-685-1122

About Us

Since 1978, Safe+Sound Somerset has been answering the call of domestic violence survivors through our 24/7 helpline – the first step in breaking free from violence and abuse, and achieving safety for many.

Beginning October 2021 we expanded our trauma-informed, evidence-based services to survivors of sexual violence, providing access to the same high-quality crisis intervention services.

The experience of domestic or sexual violence can be isolating and scary. Our hope is to support all survivors - adults and children - in finding a pathway to safety, hope and healing. You are not alone. Please reach out to us for help.

Get in Touch With Us

PO Box 835
Somerville, NJ 08876

908-359-0003
www.safe-sound.org



Safe+Sound Somerset



SafeSoundSomerset



@SafeSoundNJ



Safe and Sound Somerset



Our Continuum of Care for Survivors of Domestic and Sexual Violence

Most of our clients end up using several - or even all - of our services. You may start out in one or two and be referred to others as you build safety and stability, and heal from the trauma of abuse.

Crisis Intervention

For individuals seeking support, services or information during a crisis or anytime

- **24-hour Call and Text Domestic Violence and Sexual Violence Helpline 866-685-1122**
- Emergency Safe House
- Domestic Violence Liaisons with DCP&P in Somerset and Hunterdon Counties
- Domestic Violence Reponse Team
- Sexual Assault Response Team



To access any of our services listed, call or text our confidential 24/7 helpline at **866-685-1122**. *If you are in danger, call 911.*

An advocate, someone with special training to help and support survivors, will listen to you, help you explore options, and plan for next steps.



Advocacy

Coaching, education and support in key areas to build stability

- Legal Advocacy
- Financial Empowerment Center
- Domestic Violence Housing First

Counseling

Education, empowerment and healing for adult and child survivors of domestic abuse and sexual assault

- Clinical Assessment - Explores client needs and goals for treatment
- Level I - Group and individual therapy to establish safety and lay the groundwork for trauma processing
- Level II - Trauma-responsive, evidence-based therapy for healing from trauma of abuse

Outreach & Prevention

- Educational Programs, Workshops and Trainings - Information, skills and tools needed for survivors to access services and to support the prevention of future violence
- Capacity Building Programs - Partnering with professionals and organizations to minimize the trauma of domestic and sexual violence

Volunteers

- 60-hour DV/SV Training for volunteers who will work directly with domestic and sexual abuse survivors
- Other opportunities available to support the organization at events, fundraising, and more for both individuals and groups without training requirement



Our confidential services are provided at no cost to survivors, and are available in English, Spanish, and other languages as needed.